

Experience of 1 Case of Intestinal Disorder Treated with Shengxian Decoction

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1. Case Report

Shengxian Decoction is a representative formula of Zhang Xichun, a famous Chinese medicine practitioner in the Republic of China, for the treatment of atmospheric depression syndrome. “Shenxi Lu” in “Medical Zhongzhong Zhongzhong” says that “Shengxiantang is mainly composed of Astragalus, because Astragalus is good at invigorating Qi and improving Qi. However, its nature is slightly hot, so it is relieved by the cool and moisturizing of Zhimu. Bupleurum As the medicine of Shaoyang, those who can lead to the trap of the atmosphere rise from the left.

Cimicifuga is the medicine of Yangming, which can induce the trapped in the atmosphere to rise from the right. Platycodon grandiflorum is the boat of medicine, which can carry the power of medicines up to the chest, so it is used as a guide. “However, in clinical use, the author believes that Shengxian Decoction is mainly composed of lifting and lifting, and it is necessary to clinically incorporate Qi-lowering medicines, so that the lifting and lowering of the Qi machine can be combined, and the in and out are related to each other. Normal distribution. Now a case of intestinal dysfunction in recent clinical treatment will be explained.

2022.9.6 First visit A male, 84 years old, has unpleasant bowel movements, sits hard, has prolapsed anus, has blood in his stools, and has a loose stool. The tongue is fat and the fur is thin, and the pulse string is strong. The former doctor used Buzhong Yiqi Decoction and Zengye Decoction for treatment, but the subjective symptoms worsened, and the blood pressure increased from about 150/90mmHg to 200/100mmHg, which could be controlled by adding antihypertensive drugs. Looking at the pulse syndrome, constipation and weakness should be due to qi deficiency, and a strong pulse should be due to excess liver qi. Imitation of the meaning of rising and sinking soup, and participating in the method of adjusting and smoothing the air.

Prescription: Arborvitae charcoal 10g, Nepeta 6g, Sophora charcoal 10g, Fried citrus aurantium 15g

Platycodon 10g, Cimicifuga 6g, Bupleurum 10g, Atractylodes 45g 30g hemp kernel, 15g fried suzi, 24g white peony root, 12g fried green peel

Xu Changqing (below) 20g

*7 posts

It is recommended that patients undergo colonoscopy to further confirm the diagnosis.

9.13 The second-diagnosed patient temporarily refused colonoscopy due to personal reasons. After the drug, the blood pressure was stable at 130-160mmHg/80-96mmHg. Although the stool was not hard and no blood in the stool was seen, the amount was still small, and the difficulty in defecation was slightly improved., Pale tongue with thin coating and stringy pulse, follow the treatment in front of it.

Prescription: Atractylodes 60g, Taizishen 30g, Cimicifuga 6g, Bupleurum 6g

Fried citrus citrus shell 20g Fried melon seeds 30g Muxiang 10g Fried Neijin 15g

Six Divine Comedy 15g Hemp Seed 30g

*5 posts

9.20 The third visit: The patient complained that the amount of stool was increased compared to the previous one, the symptoms of defecation were the same as before, the morning was slightly dizzy, the blood pressure was basically controlled to normal, the waist and knees were consciously weak, the tongue and pulse were the same as the previous one, and the front part was added to the product of nourishing the liver and kidney.

Prescription: Atractylodes 60g, Paeonia lactiflora 30g, Taizishen

30g, Fried Melon Seed 30g

Hemp Seed 30g, Cimicifuga 6g, Bupleurum 6g, Achyranthes 15g

Salted Eucommia 12g, Dodder Seed 15g, Sophora japonica 10g,
Fried Citrus aurantium 20g

*5 posts

9.26 Four-diagnosis The patient complained that the symptoms of poor defecation were greatly reduced, and the medicine had become ill. Continue 9.20 and 10 doses to consolidate the curative effect.

Clinical experience: In this case, the old man had unpleasant defecation, slack sitting, and anus prolapsed, which should be identified as the depression of the middle qi. The commonly used prescription is the addition and subtraction of Buzhong Yiqi Decoction, but why does the medical prescription not work and the blood pressure rises instead? It may be that the pulse string is strong and the liver qi is rushing upward during the diagnosis and treatment of the previous doctor, but the pulse is removed from the ear. Therefore, astragalus was not used in the initial diagnosis. "Astragalus Solution" believes that because raw Astragalus nourishes Liver-Yang and Liver-Qi, reusing Astragalus may have the disadvantage of raising blood pressure due to hyperactivity of Liver-Yang. Reuse of raw Atractylodes to invigorate the spleen and qi, Campanulaceae, cohosh to raise Qingyang, Bupleurum, white peony, fried green skin, fried citrus aurantium contain Si Ni Sanyi to soothe the liver and regulate qi, remove licorice because of its sweetness and soothing, white peony is reused for Calming the liver, Xu Changqing exercising qi to remove the back weight.

On the surface and inside of the lung and large intestine, stir-fried Suzi is added to lower lung-qi to relieve intestinal qi, combined with Huaihua powder to treat blood in the stool, and sesame seed to moisten the intestines to relax the bowels. Although the symptoms did not improve significantly at the second visit, the blood pressure of the patient was not high, and it also suggested that patients with hypertension should use astragalus with caution, or add Zhimu, Baishao and other heat-clearing and liver-clearing drugs to restrict its properties. However, the patient complained that the stomach was satisfied, but the amount of stool was small, and sometimes there was abdominal distension. Considering that the spleen was not in luck, the stomach was out of harmony. Therefore, while strengthening the spleen and nourishing qi, he used fried chicken Neijin, fried citrus shells, Liushenqu, etc. Product of accumulation. The blood in the stool disappeared, so I went to Huaihua San. Yisuzi is Gualouzi to strengthen the power of lowering qi and clearing the internal organs. Although the defecation was not smooth in the three clinics, the stool volume increased, and the patient's confidence increased. According to the patient's symptoms, there seems to be damp stagnation in the large intestine, but the patient has been taking Shenling Baizhu Granules for a long time, and the effect is not good. Combined with soreness

and weakness of the waist and knees, considering the deficiency of kidney and essence, the fire does not warm the earth. , Achyranthes chinensis goes down with medicine, promotes blood circulation and removes blood stasis, and also has the meaning of "long illness and more blood stasis". The symptoms of the patients who were revisited were greatly reduced, and the aftermath was continued.

Although the treatment of this case did not follow the original prescription of Shengxiantang, but in clinical diagnosis, the most important thing is to work with the Jiyuan method, learn the method without sticking to its prescription, use Atractylodes to ease Astragalus, benefit qi and invigorate the spleen, but not promote liver yang. Disadvantages, and then add in Suzi, Gualouren and other qi-lowering products to lift the qi machine. The three-diagnosis ginseng is used to invigorate the kidney and nourish the essence, and the large intestine is used to transmit dregs. It needs to rely on the promotion of kidney qi, the nourishment of kidney yin, and the warmth of kidney yang. The kidney qi is full, the large intestine is moistened, the viscera qi is unobstructed, the front and rear yin are opened and closed to a certain extent, the qi movement is normal, and the stool is promoted in the intestine and discharged smoothly. Therefore, a better curative effect is obtained.